



## **POST TREATMENT INSTRUCTIONS FOR IPL PHOTO-REJUVENATION**

- ✓ Treat your skin gently - do not scrub, scratch or pick at the treated area.
- ✓ When washing the treated area, use a gentle, mild recommended cleanser for the next 2-3 days. Do not use a washcloth or loofah on the treated area and pat skin dry.
- ✓ Make-up can be applied immediately after treatment and shaving resumed in 24 hours.
- ✓ Apply ice packs to treated areas for the next 24 hours if swelling occurs.
- ✓ Avoid any creams or lotions, which contain alpha hydroxy or glycolic acid for 3 days after treatment. Many anti-aging and acne products contain these acids; please check the ingredients of your products.
- ✓ Avoid all topical medications for 72 hours before and after treatment. These include Retin A, Hydroquinone, and Metrogel, with the exception of sunscreen.

### *Reactions to Watch For and What To Do:*

- ❖ Skin may appear red and swollen. This is a normal reaction. It can last from a few hours to days after treatment. Applying an ice pack for the first 24 hours will help minimize swelling.
- ❖ Freckles and sunspots may turn slightly darker initially and then flake off within a week. This is a normal reaction.
- ❖ If you experience increased pain, textural changes (blistering or fluid erupts), or skin becomes tender to touch, call Aspect Beauty immediately for further instructions.
- ❖ If light scabbing or crusting occurs, apply a topical antibiotic ointment such as Bacitracin or Neosporin as directed.

If you have any questions or concerns, please do not hesitate to contact Aspect Beauty at 818-728-0546.

14006 Riverside Drive #273, Sherman Oaks, CA 91423

Tel: (818) 728-0546 [www.aspectbeauty.com](http://www.aspectbeauty.com)

POST TREATMENT INSTRUCTIONS FOR IPL