



LIPODISSOLVE PRE-TREATMENT INSTRUCTIONS

- Please arrive 10 minutes prior to your scheduled appointment.
- Please make sure to eat a meal within 2 hours before the treatment. (with protein or carbs)
- Please drink 64 oz of water The Day Before, The Day of the treatment and the Day after the treatment.
- Avoid Diurectics for 24 hours before treatment.
- You can use Medicalia Arnica Montana Bruise Guard cream 2-3 times a day prior to your treatment to reduce the potential for bruising.
- Avoid Aspirin, Advil, or Motrin or any other aspirin containing products for at least one week prior to procedure. This will help minimize possible bruising.
- No new medications should be taken for at least a week prior to treatment. Please notify Aspect Beauty if you must take a new medication prior to treatment.

If you have any questions or concerns, please contact Aspect Beauty at 818-728-0546.

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